



Ramon Pujol

ESIM

Saas Fee, 17th January 2012





Presentation of case

- Male, 70 y.
- HBP, last 10 y. Amlodipine & Doxazosin
- Diabetes, last 9 m. Metformin

 Sitagliptin
- AV Block, 8 m. VVI pacemaker
- COPD, GOLD I
- Colonoscopy, 3 m.
 — Multiple large polyps with high grade dysplasia. Subtotal removal.

Presentation of case. First admission, 22 nd July 2011

 Anorexia, 20 kg weight loss in 3 months, purpura and swelling of right leg.



Presentation of case Physical examination

- Pulse 62, BP 149/63, temperature 36.4 º, satO₂ 98%
- Positive findings:
 - Isolated soft lymphadenopathy in right groin
 - Dry crackles in low right lung
 - Swelling of right leg, purplish, and petechiae

Abnormal blood tests (increased, decreased)

Blood lab test	July 22 nd		
Alkaline phosphatise, µkat/l	1.5		
Gamma GT, μkat/l	1.4		
Lactic-dehydrogenase, µkat/l	3.5		
C-reactive protein, mg/l	54.6 *		
ESR, mm	61 *		
Albumin, g/l	33		
Gamma globulin, %	33.2 *		
Rheumatoid factor, u.i.	65.3 *		
Iron, μmol/l	4		
Blood count			
 Hemoglobin, g/l (MCV,fl; MCH,pg) 	107 (85, 27)		
Hematocrit, %	32		
WBC count, x 10 ⁹ /I	10.7		
Neutrophil count, %	69		
Lymphocyte count, %	31		
Platelets, 10 ⁹ /l	210		
Immunoglobulin G, mg/l	27,300 *		
Immunoglobulin A, mg/l	5,650 *		
Immunoglobulin M, mg/l	3,140 *		
Complement C4, mg/l	34 *		
Complement CH50, mg/l	22 *		
Beta-2 microglobulin, mg/l	3		

- tumoral antigens
- B and C hepatitis antibodies
- HIV antibodies
- Stool cultures & parasites

Negative



Other tests

- CT-scan & PET-scan:
 - Emphysema
 - Hypermetabolic lesion in RLL (inflammatory vs infectious)
 - Hypermetabolic focus in colonic hepatic flexure
- FNAP lymphadenopathy: inflammatory
- Bone marrow: no leishmania or AFB
- PPD, 2 UT: 10 mm
- Right Temporal Artery Biopsy: No arteritis

Outpatient

- Lost additional 4 kgs
- New purpuric lesions (biopsy leukocytoclastic vasculitis)



Cryoglobulin POSITIVE (monoclonal IgM λ, polyclonal IgG)

New admission planned for treatment The day before: fever with chills

Last admission, 6th September 2011

- Impaired general condition
- No new findings on physical examination
- Renal involvement
 - Proteinuria 1 gr/24 h., microscopic hematuria, renal failure
 - Worsening of anemia, RF, APR, nutritional markers.

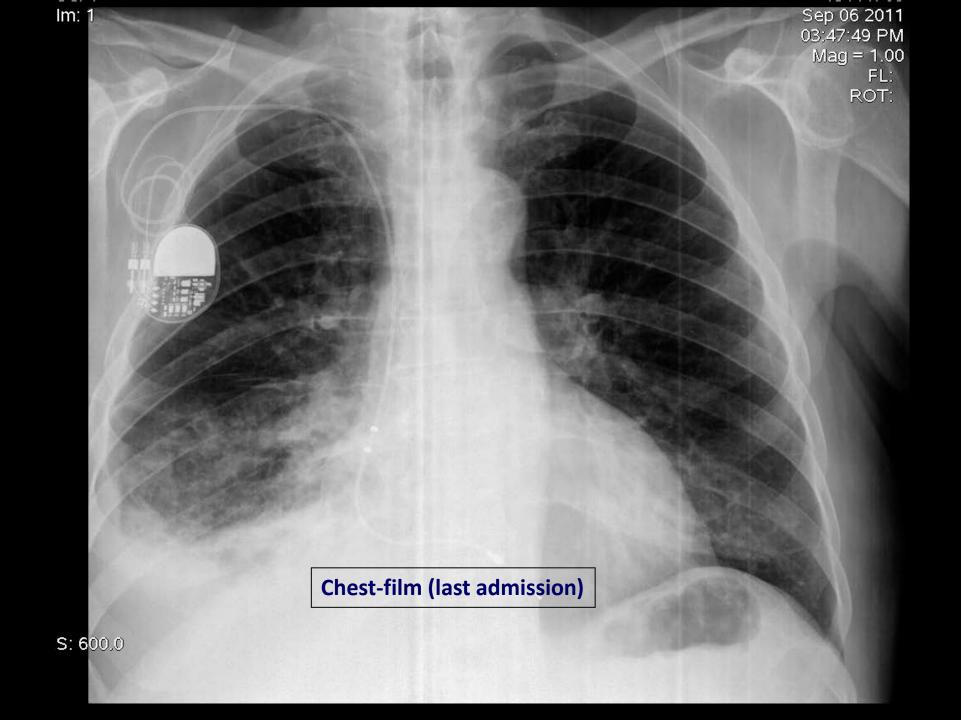
Abnormal blood tests (increased, decreased)

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Blood lab test	September 6 th				
Alkaline phosphatise, μkat/l	2.2				
Gamma GT, μkat/l	2.5				
Lactic-dehydrogenase, µkat/l	3.7				
C-reactive protein, mg/l	59.2				
Albumin, g/l 24					
Rheumatoid factor, u.i.	161.8				
Iron, μmol/l	3				
Blood count					
●Hemoglobin, g/l (MCV,fl; MCH,pg)	<mark>64</mark> (80, 26)				
•Hematocrit, %	20				
•WBC count, x 10 ⁹ /l	12.9				
■Neutrophil count, %	84				
•Lymphocyte count, %	12				
•Platelets, 10 ⁹ /l	263				
Complement C ₃ , mg/l	414				
Complement C ₄ , mg/l	61.1				
Complement CH50, mg/l	61				
Creatinine µmol/l	308				
Uric acid, μmol/l	688				
GFR, ml/min	18.2				
Calcium, mmol/l	1.09				
Reticulocytes, % 3.3					

New abnormalities

Follow-up

- Bolus of methylprednisolone (0.5 gr/day) started
- At the beginning of second bolus: dyspnea, sweating, BP 220/120, satO₂ 92% with FiO₂ 50%.
- Transferred to Critical Care Unit.
- Improved after i.v. vasodilators, furosemide and morphine.
- New results allowed a diagnosis......



Our understanding

 Main clue, Mixed cryoglobulinemia (MC), cryoglobulinemic vasculitis (skin, kidney, lung?)

Most frequent causes of MC *

 INFECTIOUS 	Hepatitis C virus, Hepatitis B virusothers
 AUTOIMMUNE 	Sjögren's sd., SLE, RAothers
 CANCER 	B-cell lymphoma, multiple myelomaothers
 Other causes 	Hepatic cirrhosis, cocaine abuse,others

^{*} Manuel Ramos-Casals et al. thelancet.com. August 24, 2011

OK, but.....

- Confounding factor: NO B nor C hepatitis
- No advanced cancer or autoimmune disease <u>found</u>



Main facts in the past history: colonic disease & AV block

The diagnosis!!



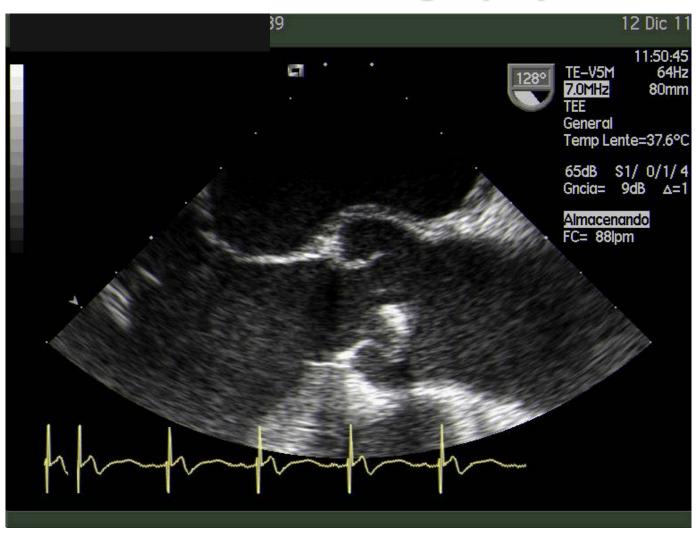
Blood cultures (September 5th) positive for Streptococcus bovis

Streptococcus bovis bacteremia

Howard S. Gold et al, www.uptodate.com

- GI tract is the most likely portal of entry
- 28% of bacteremia develop endocarditis
- S. bovis multivalvular endocarditis > other S. (14 vs 5.5)
- Highly destructive, frequent valve perforation
- Colon cancer, polyposis, colitis common underlying disease
- Antimicrobials suggested: Penicillin G, Ampicillin, Ceftriaxone, Vancomycin, Daptomycin

Echocardiography



Infective endocarditis and cryoglobulinemia?

Manuel Ramos-Casals et al. thelancet.com. August 24, 2011

	Most frequent causes	Less frequent causes	Infrequent causes
Infections	Hepatitis C virus	HIV; Hepatitis B virus	Streptococcus spp; Brucella spp; Coxiella spp; Klebsiella spp; Leishmania spp; Chlamydia spp; Mycobacterium tuberculosis; leprosy; hepatitis A virus; cytomegalovirus; parvovirus B-19; chikungunya virus; Epstein-Barr virus; hantavirus; plasmodium; amoebaiasis; toxoplasmosis
Autoimmune diseases	Sjögren's syndrome	Systemic lupus erythematosus; Rheumatoid arthritis	Systemic sclerosis; antiphospholipid syndrome; inflammatory myopathies; adult-onset Still's disease; polyarteritis nodosa; giant-cell arteritis; Takayasu's arteritis; ANCA-associated vasculitis; autoimmune hepatitis
Cancer	B-cell lymphoma	Multiple myeloma	Hodgkin's lymphoma; chronic lymphocytic leukaemia; chronic myeloid leukaemia; myelodysplasia hepatocellular carcinoma; papillary thyroid cancer; lung adenocarcinoma; renal cell carcinoma; nasopharyngeal carcinoma
Other causes	-	Alcoholic cirrhosis	Co-trimoxazole;* interferon alfa;* cocaine;* intravenous radiographic contrast;* influenza vaccination; hepatitis B vaccination; intravesical BCG; moyamoya disease; endocarditis; chilblains

Infective endocarditis and cryoglobulinemia?

La Civita L et al. Cryoglobulinemic vasculitis as presenting manifestation of infective endocarditis.

Ann Rheum Dis 2002;61:89-90

- Two patients died due to MC and IE
- Kingella and Staph. aureus
- Association between asymptomatic MC and IE is not uncommon

Yerly P. et al. Cryoglobulins and endocarditis, a case report. Rev Med Suisse Romande 2001, 121: 573-578

Infective endocarditis and cryoglobulinemia?

Lee LC et al. "Full house" proliferative glomerulonephritis: an unreported presentation of subacute infective endocarditis.

J Nephrol 2007;20:745-749

- MC ++
- Strep. Viridans
- Resolution of MC with antimicrobial therapy

Agarwal A et al. Subacute bacterial endocarditis masquerading as type III essential mixed cryoglobulinemia.

J Am Soc Nephrol 1997; 8:1971-1976

- •IE after treatment of MC
- "difficulties separating infectious from non-infectious cases of MC"
- •Strep.

Take home messages

- Streptococcus bovis bacteremia/endocarditis prompts examination of colon for cancer or other colonic disease.
- 2. Infective endocarditis (IE), although uncommon, is a cause of cryoglobulinemic vasculitis (CV).
- 3. Fever is present in 80 90% of patients with IEin 10 20% it is absent, or occasional, especially in Blood-negative Cultures IE or elderly people.
- 4. IE should be suspected in patients with HC virus-negative CV especially if colon disease and/or foreign bodies are present.