ESIM WINTER SCHOOL, SAAS FEE 2012



CLINICAL CASE PRESENTATION
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- AMEL, 18-year-old girl without medical history
- Admitted for abdominal pain, asthenia with prolonged fever.
 Min pinke j'une dia que y
- She reports:
 - Anorexia, asthenia and weight loss
 - Chronic headache with vertigo
 - Fever of three weeks with night sweats



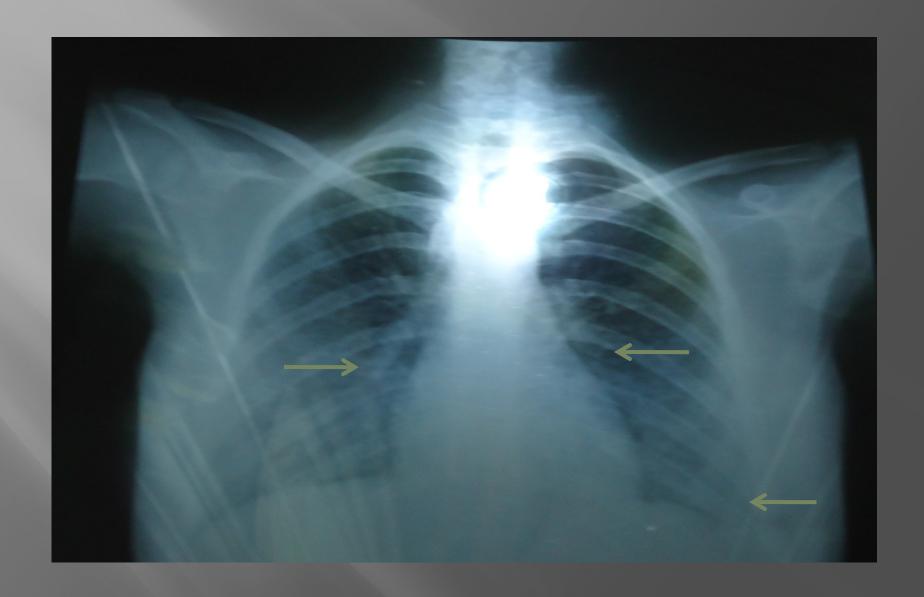
- The physical examination revealed:
 - Impaired general condition.
 - Drowsiness, confusion (Glasgow scale: 15/15)
 - Meningeal stiffness
 - T°=39°C
 - BP: 100/40mmHg, HR: 130 bpm
 - RR: 22 cycles/min
 - Decreased breath sounds and crepitations at both lungs bases
 - Diffuse abdominal tenderness
 - Weight=45Kg Length=147cm BMI=16
 - Urine sticks: PH:5, Pr:0, H:+, G:0

Laboratory data

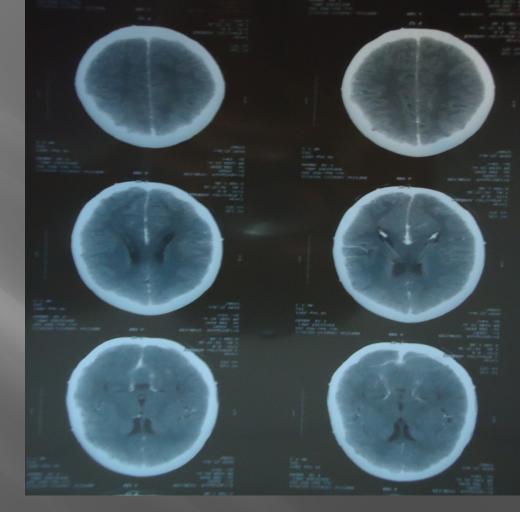
- WBC: 2320 per mm
 - Ν: 1070, λ: 860, Ε: 20
- Heamoglobin: 4,9g/dl
- Platelet count: 8000 per mm³
- **■** ESR mm/h: 26
- □ CRP: 5mg/l
- **■** Prothrombin time (PT): 9%
- Activated cephalin time: 59"/30"
- **□** Fibrinogen: 0,6g/l
- D-dimères: 4μg/l

- ASAT: 167 UI/I , ALAT: 124 UI/I
- Total bilirubin/Conjugate bilirubin: 55/38
 - μmol/l
- Alkaline phosphatase: 533 UI/l
- \bullet δ glutamyl transpeptidase: 462 UI/l
- **□** Creatinemia: 41mg/l
- Na+/K+: 127/3.2 mmol/l
- □ Calcium: 2mmol/l, phosphate: 0,81mmol/l
- **■** Lactate deshydrogenase: 1059UI/I
- **■** Ferritin: 2575 ng/ml
- Albuminemia: 27 g/l
 ■ Albuminemia: 27 g/l
- **□** Proteinuria 24 hours: 0
- **□** Triglycerides 2,56 g/l
- **□** Cholesterol 4,27 mmol/l

Chest X-ray

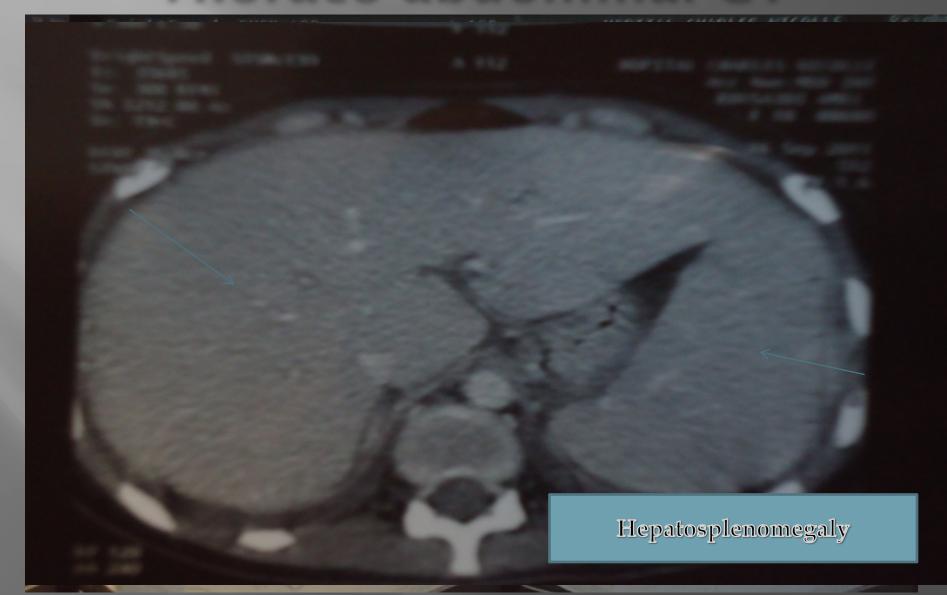


- Cerebral CT normal
 - No cerebral thrombosis
 - No tumoral process
 - No ICHT



- Lumbar puncture
- Cells 200 elements/mm³ (predominantly λ)
- Albuminorrachia 2,47 g/l,
- Glucorrachia 1,42g/l
- Bacteriological tests in the CSF were negative

Thoraco abdominal CT



Can you identify the emergencies? What do you propose?



HEMOPHAGOCYTIC SYNDROME

SIRS

DIC

- Critical care unit hospitalisation
- Hemodynamic monitoring
- Cathecolamines
- Antibiotics: céfotaxim 12g/j + teicoplanin 400 mg/j
- Antiviral : Acyclovir 400 mg/j
- Hydrocortisone hemisuccinate 300 mg/j
- Blood transfusions: platelets, RBC and frozen plasma
- infectious investigations: blood culture, CSF culture, urine culture, marrow culture, mycobacterium tuberculosis in sputum and urine, leishmaniasis serology, tuberculine intradermo reaction were negative

Evolution

> Hemodynamic stabilization

- Blood cell count improvement
- > Hemostatic parameters normalization
- > BUT FEVER REMAINS PERSISTENT !!!!!
- > HIGH LEVELS OF LEVER ENZYMES!!!!!

A last round !!!

- > 18 years old
- Fever of unknown origin (FUO)
- > Asthenia, anorexia and weight loss
- Chronic headache, drowsiness and confusion
- > Lymphocytic meningitis
- > Bilateral pulmonary infiltrate
- > Hepatosplenomegaly
- Elevated liver enzymes



NON HODGHKIN LYMPHOMA

VISCERAL LEISHMANIASIS

SYSTEMIC SARCOIDOSIS

MILIARY TUBERCULOSIS

- the patient was under anti tuberculosis
- Isoniazide 3mg/kg/day
- Rifampicine 10mg/kg/day
- Ethambutol 25mg/kg/day
- Ofloxacine 400mg/day

- Evolution:
- Weight gain, improvement of the general state
- Normalization of the liver enzymes
- Current decline: 4 months

- Miliary tuberculosis (MT) is rare but serious forme of clinical presentation in tuberculosis
- **■** Its low frequence is due to
- > the improvement of socioeconomic conditions
- > vaccination
- screening and early treatement
- TBC prevalence in Tunisia is about 24 / 100 000 habitants *
- MT's prevalence in Tunisian series is estimated between 1,4 to 2,4% * [WHO, 2006]
- Its diagnosis is a real emergency based on
- bacteriological and/or histological investigations
- > presemptive arguments can be sufficient to start the treatement
- □ The hemogocytic syndrome and DIVC complicating a MT is an extremly rare event

