Clinical Case

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Portuguese Team



ESIM 2012, Saas-Fee

Personal data and history of present illness

• 61y, male, carpenter

Smoker: 40 cigarettes/day

Alcohol: 54g/day

Drugs: ø

Medication: ø

No history of past illness or surgery

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left supraclavicular adenopathy (2cm)
+
productive cough
+
asthenia and anorexia
+
weight loss (5Kg: 9%)
+
shortness of breath
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JUNE 2011

Personal data and history of present illness

Study at GP (September):

- Cervical ultrasound: expansive mass (suggestive of multiple adenopathy) and 2 thyroid nodules (14 e 11mm)
- > FNAB: metastasis of poorly differentiated adenocarcinoma

<u>During September:</u>

- Worsening of general condition
- > Mass enlargement
- Dyspnea for moderate exertion
- Uncontrolled pain (neck)
- Dysphagia



Clinical Examination

- Neurological examination: normal
- Vital signs: normal
- Cardiac and pulmonary auscultation: normal
- Abdomen: normal

- Prostatic evaluation: normal
- <u>Left supraclavicular mass, with 6cm, hard, painful, well-defined limits, fixed</u>
- No other palpable masses

Key points: problems

- ☑ Male, 61 y, heavy smoker
- ✓ Left supraclavicular mass (metastasis of adenocarcinoma)* Virchow node
- ☑ Asthenia, anorexia, weight loss
- ☑ Dysphagia
- ☑ Shortness of breath
- ☑ Productive cough
- ☑ Uncontrolled pain

Hypotheses for the diagnosis?

Diagnostic Hypotheses

- ✓ Gastric carcinoma
- ✓ Pulmonar carcinoma
- ✓ Pancreatic carcinoma
- ✓ Renal carcinoma
- ✓ Prostatic carcinoma
- ✓ Esophagus carcinoma
- √ Thyroid carcinoma

What next?

Initial work-up?

Normal

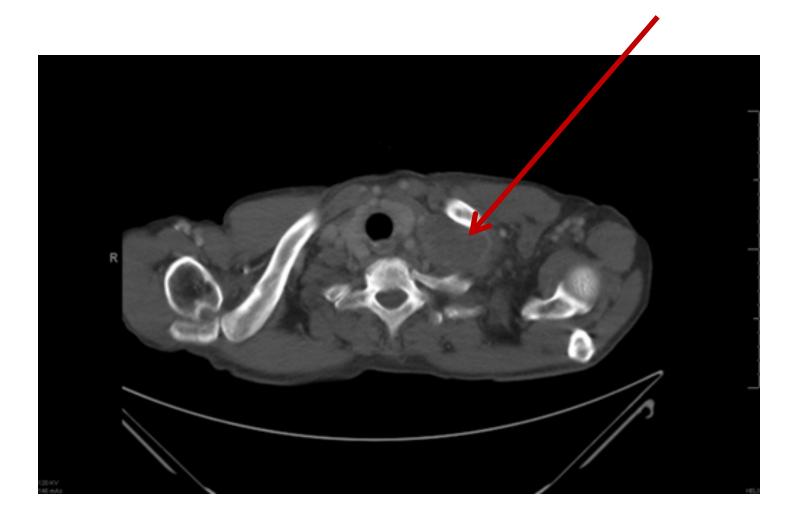
- 1) Complete blood count
- 2) Basic serum chemistries
- 3) Urinalysis
- 4) Prostate specific antigen (PSA)
- 5) Chest radiography

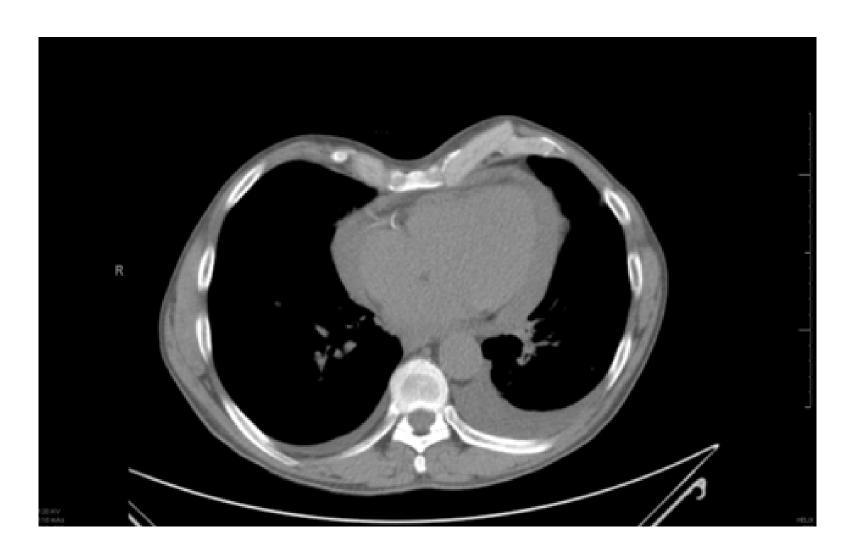
Chest Radiography

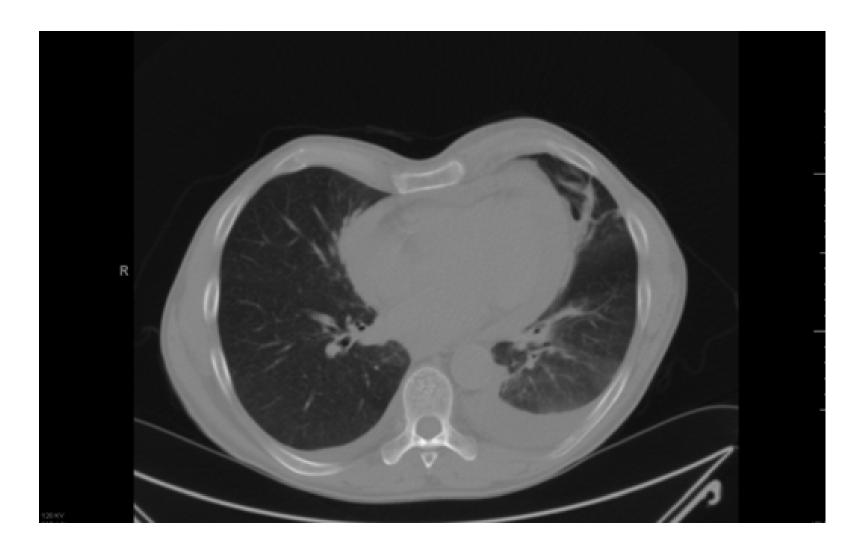


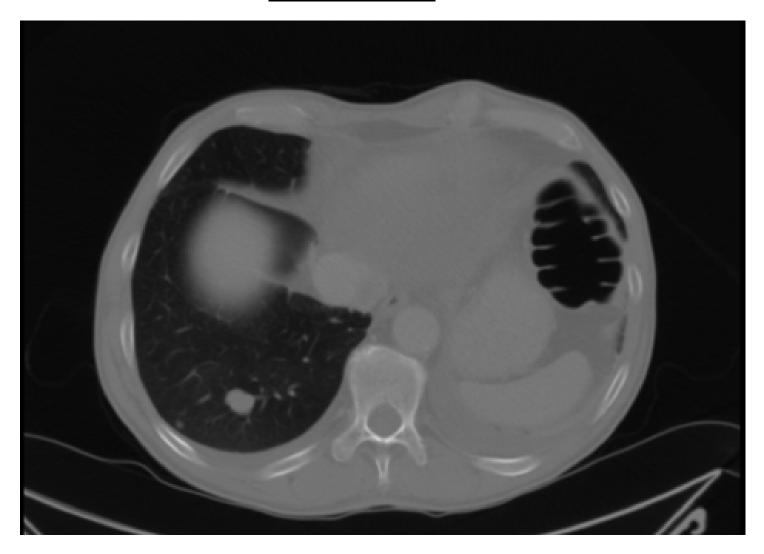
Any other exams?

- * CT Scan (cervico-thoraco-abdomino-pelvic)
- * Bronchoscopy
- * Upper endoscopy
- * Echocardiography









Results...

Bronchoscopy: normal

* Citology: negative for malignant cells

Upper endoscoscopy: gastric ulcer/ cronic duodenitis

* Histology: negative for malignant cells

Ecocardiography: medium pericardial effusion

What next?

Results...

- * Thyroid biopsy?
- * Repeat biopsy of supraclavicular mass with immunohistochemistry?

- Thyroid biopsy: coloid nodules
- Supraclavicular mass biopsy: metastasis of adenocarcinoma (CK7 + /CK 20 -/ PSA -)

And...how about the patient? Evolution...

- Worsening dyspnea
- Respiratory distress
- Cervical refractory pain: Pain Consult Group
- D16: chest pain+ dyspnea+ hypotension + jugular venous distension + muffled heart sounds
 - » Cardiac tamponade
 - » Pericardiocentesis
 - » Pericardial involvement by adenocarcinoma

And...now?

Oncology group discussion

- continue the study?
- stop?
- palliative chemiotherapy?



Diagnosis?

- Adenocarcinoma of unknow primary site
 - with lymph node and pericardium metastasis
 - pulmonary metastasis?

CK7 +/ CH20-

- * non-small cell lung cancer
- * small cell lung cancer
- * breast cancer, endometrial cancer, nonmucionous ovarian cancer, squamous cancer of cervix

Take home message

- Cancer of unknow primary (CUP) site: 5% of all invasive cancers
- Adenocarcinomas of unknow primary site compromise 70% of all CUPs
- The most frequent identified primary sites are: lungs, pancreas, hepatobiliary tree and kidney
- Even at postmortem examination: 30% have no detectable primary site

Take home message

 Most patients with adenocarcinoma of unknow primary have widespread metastases and poor performance status at diagnosis

Median survival: 4-6 months

Thank you!







